

A/B, 3, 2/79

21 October 1952 (Tuesday)

In accordance with pre-arranged plans, SI and H experimentation was carried on in Building 13, Room 20, with Misses [redacted] and [redacted] by Messrs. [redacted] and [redacted].

Since this was the first session since 8 and 9 April, 1952, most of the evening was devoted to a discussion of future plans, a review of motion pictures made previously, and some general discussions of the applications of the girls' work to operations.

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It was decided by Messrs. [redacted] and [redacted] that since none of the subjects present had engaged in any H experiments since April, an excellent test of control would be to see how quickly and easily a deep H sleep could be induced without any previous buildup or slow induction. Accordingly, by agreement [redacted] instructed the three subjects [redacted] and [redacted] to sleep and without exception all subjects, in less than five seconds, entered a deep H sleep. In the opinion of the writer, this clearly demonstrates the effectiveness of long-range hypnotic control and is of considerable significance in future experimentation.

No extensive tests were made except some normal movement and awakening tests. Session was concluded at approximately 9:00 PM.

[redacted]

[redacted]